



MINNESOTA'S LINK TO A LOCAL EXPERT

Senior LinkAge Line® brings you friendly, welcoming places, where you can get answers to your questions relating to services for older adults, health insurance counseling, (including Medicare Part D), caregiving resources, etc. We provide free, accurate, and unbiased information tailored to your unique situation.

Call Senior LinkAge Line® at 1-800-333-2433 for phone assistance Monday thru Friday or to schedule an in-person visit with a Senior LinkAge Line® Specialist at any one of our community sites.

**Brainerd**

Monday - Thursday • 8:00 am to 4:30 pm  
**CMCOA Brainerd Office - North Access Building**  
606 NW Fifth Street, Brainerd, MN 56401

**Buffalo**

2nd & 4th Wednesday • 9:00 am to 3:00 pm  
**The Glenn Buffalo**  
201 First Street NE, Buffalo, MN 55313

**Cambridge**

Monday - Friday • 8:00 am to 4:30 pm  
**CMCOA Cambridge Office**  
1575 First Avenue East, Cambridge, MN 55008

**Chisago City**

First Wednesday • 1:00 pm to 4:00 pm  
**Chisago Lakes Area Library - Study Room**  
11754 302nd Street, Chisago City, MN 55013

**Crosby**

2nd Wednesday • 9:00 am to 2:00 pm  
**Cuyuna Regional Medical Center**  
200 Third Avenue, Crosby, MN 56441

**Little Falls**

3rd Wednesday • 9:00 am to 3:00 pm  
**Family Medical Center**  
811 SE Second Street, Little Falls, MN 56345  
Call Family Medical Center at 320.631.7000

**North Branch**

Last Wednesday • 9:00 am to 1:00 pm  
**Chisago County Senior Center**  
38790 Sixth Avenue, North Branch, MN 55056

**Pine City**

Last Tuesday • 1:00 pm to 4:00 pm  
**Pine County Public Library**  
300 Fifth Street, Pine City, MN 55063

**Sartell**

Monday - Friday • 8:00 am to 4:30 pm  
**CMCOA Main Office - 3rd Floor**  
250 Riverside Avenue N, Sartell, MN 56377

**Staples**

1st & 3rd Wednesday • 9:00 am to 3:00 pm  
**Lakewood Senior Campus - Door B**  
401 Prairie Avenue NE, Staples, MN 56479

**St. Cloud**

Monday - Friday • 8:00 am to 4:30 pm  
**Whitney Senior Center**  
1527 Northway Drive, St. Cloud, MN 56303

**Wyoming**

Last Thursday • 1:00 pm to 4:00 pm  
**Giese Memorial Library**  
26855 Forest Boulevard, Wyoming, MN 55092

